



PROMOTING DIGNITY, MOBILITY AND WELL-BEING OF WOMEN AND GIRLS WITH DISABILITIES

Sanitary Support and Wheelchair Accessibility Programme

Final Report



Implementing Organisation:

Nation Forum of Women with Disabilities (NFWD), Sri Lanka



Nation Forum of
Women with Disabilities

OUR MISSION & GOALS



OUR MISSION

Advocating for the rights of women with disabilities through networking and collaboration for an inclusive society and empowering and strengthening them through various actions and programmes.



Advocate for the fundamental human rights and inherent dignity of all women with disabilities.



Develop leadership skills and mentorship programs for women with disabilities to become community leaders.



Promote physical and digital accessibility in all spheres of public and private life.



Foster a society that is fully inclusive and provides equal opportunities for education and employment.



Support economic self-sufficiency and independent living skills through training and resources.



Increase the active and full participation of women with disabilities in civic, cultural, and political processes.



PROJECT PERIOD

March to September 2026



IMPLEMENTING ORGANISATION

NFWD



LOCATIONS

- Kolonnawa, Colombo
- Anamaduwa, Puttalam



SANITARY KIT SUPPORT

- Urine catheter and diapers

120+
beneficiaries



WHEELCHAIR REPAIRS

Approximately
40
wheelchairs

WHY THIS PROJECT MATTERS



HEALTH

Limited access to sanitary products
Urine catheter and diapers can affect dignity, health and participation.



MOBILITY

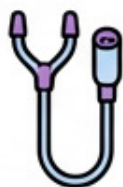
Damaged wheelchairs can restrict independence and access to essential services.



INCLUSION

Women with disabilities experience intersecting barriers related to gender, disability and poverty.

PROJECT OBJECTIVES



1

IMPROVE ACCESS TO
**SANITARY HYGIENE
MATERIALS.**
(Urine catheter and diapers)

REDUCE BARRIERS
TO DIGNITY AND
WELL-BEING.

2



3

REPAIR DAMAGED
WHEELCHAIRS.

IMPROVE
MOBILITY



4



5

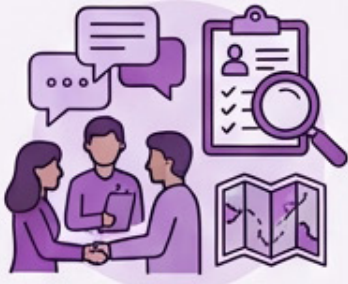
STRENGTHEN
PARTICIPATION IN
COMMUNITY LIFE.



6

SUPPORT
DISABILITY-INCLUSIVE
AND SUSTAINABLE
SOLUTIONS.

PROJECT IMPLEMENTATION



01 Identify

Beneficiary needs were identified through community engagement and assessment.



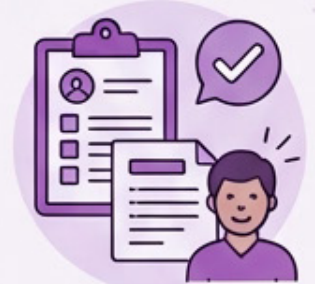
02 Prioritise

Individuals experiencing urgent hygiene, mobility and financial barriers were prioritised.



03 Deliver

Sanitary kits, urine catheters and diapers were distributed and wheelchairs were assessed and repaired.



04 Follow Up

Beneficiary feedback and project results were documented.



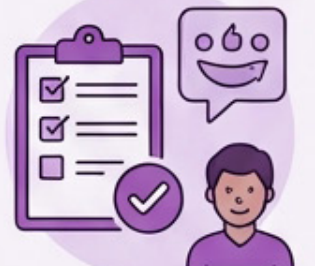
Community Engagement



Focus Planning



Aid Distribution



SANITARY KIT DISTRIBUTION

- Urine catheter and diapers



A respectful distribution of sanitary kits to women and girls with disabilities in a community setting in Sri Lanka. A well-packaged "Dignity Kit" bag so minimaly, avoiding explicit display of the products.



120+

Beneficiaries reached



SRI LANKA

Island-wide distribution



DIGNITY

Improved access to essential hygiene support

WHY IT MATTERS



Dignity |
Restored sense of self-worth



Health |
Reduced risk of infections



Confidence |
Increased self-esteem



Participation |
Greater inclusion in community life



RESTORING MOBILITY, RESTORING INDEPENDENCE



KOLONNAWA | COLOMBO

TECHNICIANS INSPECTING REPAIRED MOBILITY D



≈ 40
WHEELCHAIRS
REPAIRED



REPAIRING WHEELCHAIR WHEEL

ANAMADUWA | PUTTALAM

FRAME REPAIR | PREPARING FOR RESTORATION



BEFORE

Damaged or difficult-to-use wheelchair.



AFTER

Repaired, safer and functional wheelchair.



KEY RESULTS & ACHIEVEMENTS

120+



Sanitary kit
beneficiaries

≈40



Wheelchairs
repaired

2



Focused project
locations

MRH - SPE
2026



Implementation
period



DIGNITY

Improved access
to essential
hygiene materials.



MOBILITY

Restored
functionality of
wheelchairs.



INDEPENDENCE

Supported safer
and more
independent
movement.



PARTICIPATION

Reduced practical
barriers to
community
participation.

CHALLENGES & LESSONS LEARNED

CHALLENGES



Financial barriers



Accessibility barriers



Transportation difficulties



Limited access to repair services

WHAT WE LEARNED



Practical support creates meaningful change

Practical support can mean meaningful change



Repair can be a sustainable solution

Repair turning a sustainable solution



Women with disabilities require targeted support

Women with empowered women with disabilities collaborating and smiling.



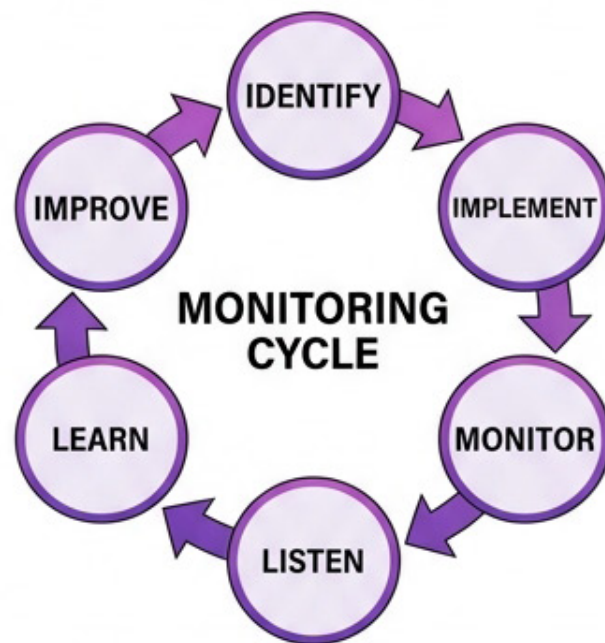
Beneficiary participation improves programme relevance

People brainstorming around and leaders. Community members involved.

BUILDING SUSTAINABLE SUPPORT



MONITORING, EVALUATION & FEEDBACK



EVIDENCE & DOCUMENTATION TYPES



Beneficiary records



Distribution records



Wheelchair repair records



Photographic evidence



Beneficiary feedback



Project documentation

“Monitoring was used not only to measure activities, but also to understand beneficiary needs and improve future programming.”

LOOKING AHEAD

01

Regular wheelchair assessment and repair



02

Stronger assistive-device referral systems



04

Community-based disability networks



FUTURE



05

Advocacy for inclusive policies and services



2026

03

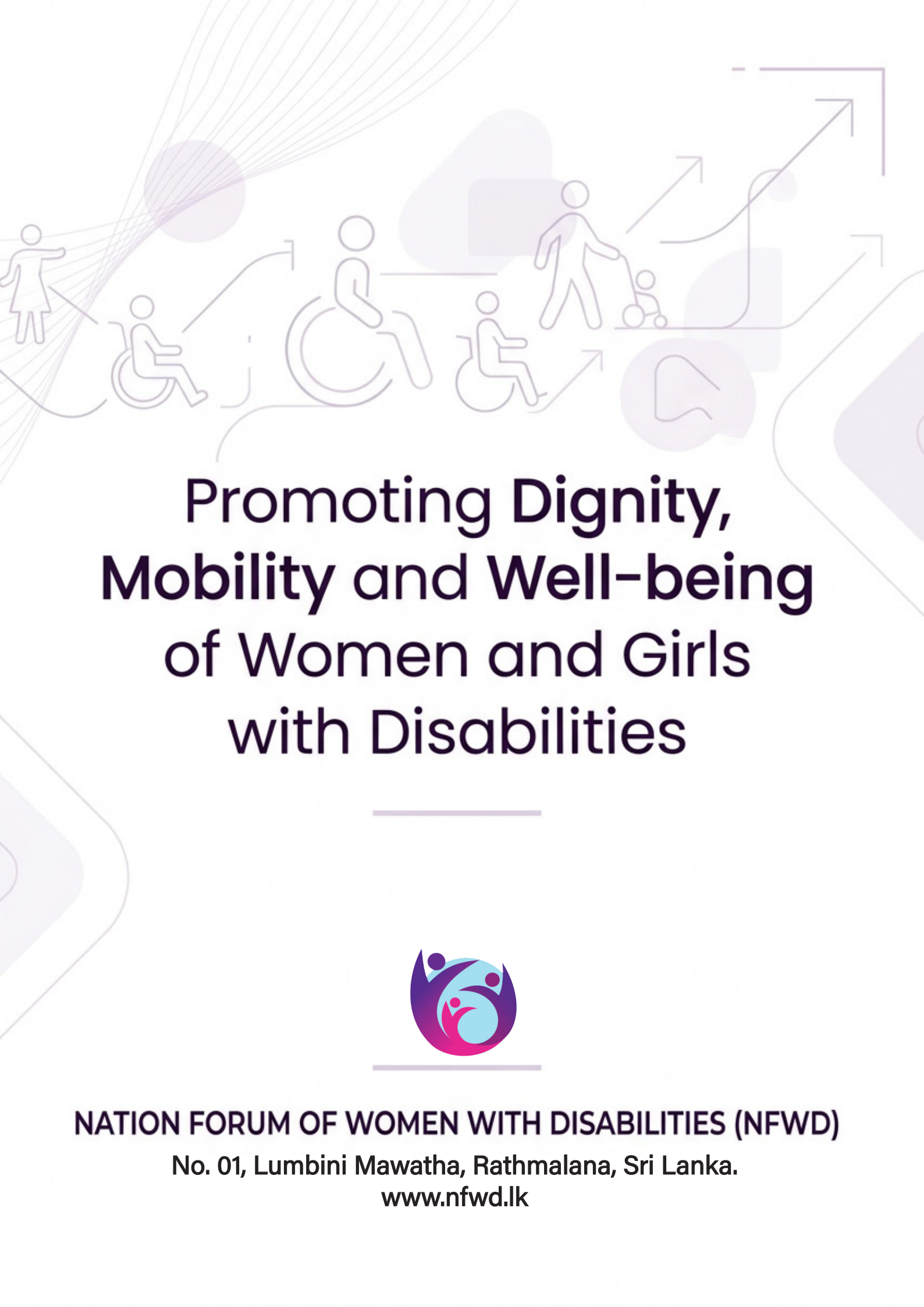
Continued menstrual health support



Dignity is strengthened when people have access to the support, mobility and opportunities they need to participate fully in society.

Nation Forum of Women with Disabilities (NFWD)
Sri Lanka

Promoting Dignity, Mobility and Well-being of Women and Girls with Disabilities



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